

BREAKFAST MENU

TRADITIONAL £11.95

two rashers of bacon, two Cumberland sausages, two hash browns, mushrooms, baked beans, grilled tomato, your choice of eggs and toast. (G, M, E, Su)

VEGETARIAN (V) £10.95

two veggie sausages, two hash browns, avocado, mushrooms, baked beans, grilled tomato, your choice of eggs and toast. (G, M, E)

VEGAN (V/VG) £10.95

two veggie sausages, two hash browns, avocado, mushrooms, baked beans, grilled tomato, spinach, your choice of toast. (G)

SIGNATURES

THE RUNNER PRAWN BENEDICT £8.95

garlic butter spinach, bacon, poached eggs, hollandaise sauce, toasted English muffin, micro green salad. (G, M, E, CR)

THE RUNNER BUTTERMILK PANCAKES (V) £6.95

golden syrup, fresh berries, whipped cream. (G, M, E)

MASALA OMELETTE (V) £7.50

red onion, tomato, coriander, green chilli, Himalayan herbs & spices. (E)

OMELETTE (V) £7.95

served with green salad & grilled tomato
build your own omelette – choose any 3

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|-------------------------------------|--------------------------------|
| <input type="radio"/> Smoked Salmon | <input type="radio"/> Onion |
| <input type="radio"/> Capers | <input type="radio"/> Cheese |
| <input type="radio"/> Mushroom | <input type="radio"/> Spinach |
| <input type="radio"/> Bacon | <input type="radio"/> Tomatoes |
| <input type="radio"/> Green Pepper | |

LIGHTER CHOICE

FRESHLY BAKED MINI PASTRIES (V) £6.95

chocolate sauce. (G, M, E, SO, N)

GRANOLA (V) £5.95

fresh berries, yogurt, homemade raspberry compote. (G, M, N)

MASHED AVOCADO & POACHED EGG (V) £7.20

mashed avocado, poached egg, toasted sourdough bread, micro salad. (G, E)

SMOKED SALMON £7.95

avocado, poached egg, toasted sourdough bread, micro salad. (F, G, E)

EGGS BENEDICT (V) £7.20

bacon, poached eggs, hollandaise, toasted English muffin, chives. (G, M, E)

EGGS ROYALE £8.50

smoked salmon, poached eggs, hollandaise, toasted English muffin, chives. (G, M, E, F)

TOASTED ENGLISH MUFFIN £5.95

choice of two fillings:

bacon/sausage/mushrooms/cheese
with hash brown and fried egg. (G, M, E, Su)

HOT PORRIDGE (V) £5.95

golden syrup, toasted coconut flakes. (G, M)
(vegan option available)

CUT FRUIT (V/VG) £5.95

fresh exotic fruit, homemade raspberry compote.

KIDS PLATE

KIDS BREAKFAST £6.95

bacon, Cumberland sausage, hash brown, baked beans, your choice of egg and toast. (G, M, E, Su)

KIDS VEGETARIAN BREAKFAST £5.95

veggie sausage, hash brown, baked beans, your choice of egg and toast. (G, M, E)

BEANS ON TOAST (V/VG) (G) £2.50

EGG ON TOAST (V) (G, E) £2.50

EXTRAS

CUMBERLAND SAUSAGE (G, Su) £1.50

VEGGIE SAUSAGE £1.25

SMOKED SALMON (F) £2.50

TWO RASHERS OF BACON £2.50

EGG fried/poached (E) £1.50

TWO HASH BROWN £2.00

TOASTED SOURDOUGH BREAD & BUTTER (G, M) £2.00

BEVERAGES

THE DAMMANN FRERES TEA: £2.80

English Breakfast Tea, Earl Grey Tea,
Peppermint Tea, Green Tea, Camomile Tea

POT OF TEA £5.10

ESPRESSO SOLO/DOUBLE £2.20/2.80

AMERICANO £3.10

FLAT WHITE £3.20

LATTE £3.40

CAPPUCCINO £3.30

MOCHA £3.45

HOT CHOCOLATE £3.40

If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order.

All allergies are correct at the time of menu print.

All items are subject to availability.

(V) suitable for vegetarians (vg) suitable for vegans

Please note that we do not operate a dedicated vegetarian/vegan kitchen area.

Do you have any allergies? Some of our dishes may contain the following allergens: Cereals Contain Gluten, Crustaceans, Eggs, Fish, Peanuts, Soya Beans, Milk, Nuts, Celery, Mustard, Sesame, Sulphites, Lupin, Molluscs. These have been listed in the menu in abbreviated forms. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are '100% free from' allergens, owing to cross-contamination, as we do not have specific allergen-free zones in our kitchens; therefore, it is not possible to fully guarantee allergen separation. All food items may contain traces of nuts, fish, poultry and meat dishes may contain bones and/or shell.

Gluten (G), Fish (F), Sesame (S), Celery (C), Crustaceans (CR), Mustard (MU), Milk (M), Eggs (E), Nuts (N), Peanuts (P), Soya (SO), Sulphites (SU), Lupin (L), Molluscs (MO)